



Artistic Organics  
CBD Wellness

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7227 Main St #300, Frisco, TX 75034

[Info@ArtisticOrganics.com](mailto:Info@ArtisticOrganics.com)

469-388-1099



# **RECREATIONAL PRODUCT BEST PRACTICES**

**Please consult with your physician. You will fail a drug test.**

## **Vape Tips:**

- Battery Setting: Delta 8 set at 3.4V. THCO / HHC / Live Resin set at 3.8V.
- Slow and soft inhales are required to avoid possible cart failure.
- Inhale for ~2 sec and follow with clean air. Delta 8 hold 10-15 sec. THC-O / HHC hold 20-30 sec
- Keep carts upright at all times.
- Weekly - clean contacts on battery top and cart threads with rubbing alcohol.
- Improper vaping techniques (Hotboxing) will cause the cart to fail.
- Do Not: Charge in a car. Do not overcharge. Unplug after charge completes.

## **Edible and Tincture Tips:**

- Start with 1/2 dose and do not take more until the next day. Be patient - adjust slowly to find the right amount for you.
- May take 90 minutes or more to feel the effects.
- Let it dissolve slowly under the tongue for as long as possible.
- Take 30 min before a SNACK that includes fat and sugar. (cheese, cookie...)
- If the feeling is uncomfortable, go to sleep and use a lower amount the next time.

## **NOTES:**